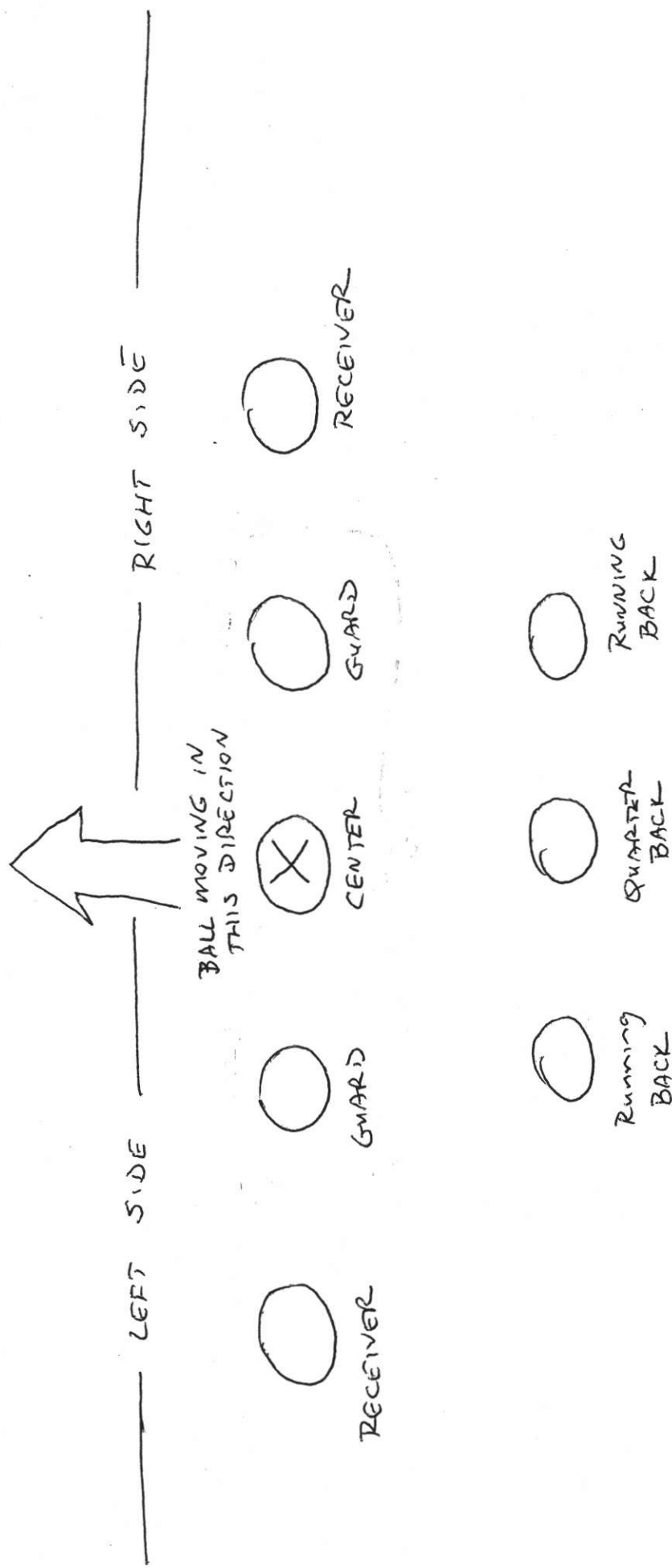


**CYFFA Senior Division Ravens
2007**



Playbook

SOME BASIC TERMINOLOGY (OFFENSE)



EVEN NUMBERED PLAYS AND POSITIONS ON THE RIGHT

ODD NUMBERED PLAYS AND POSITIONS ON THE LEFT

BASIC NUMBERING SCHEME (OFFENSE)

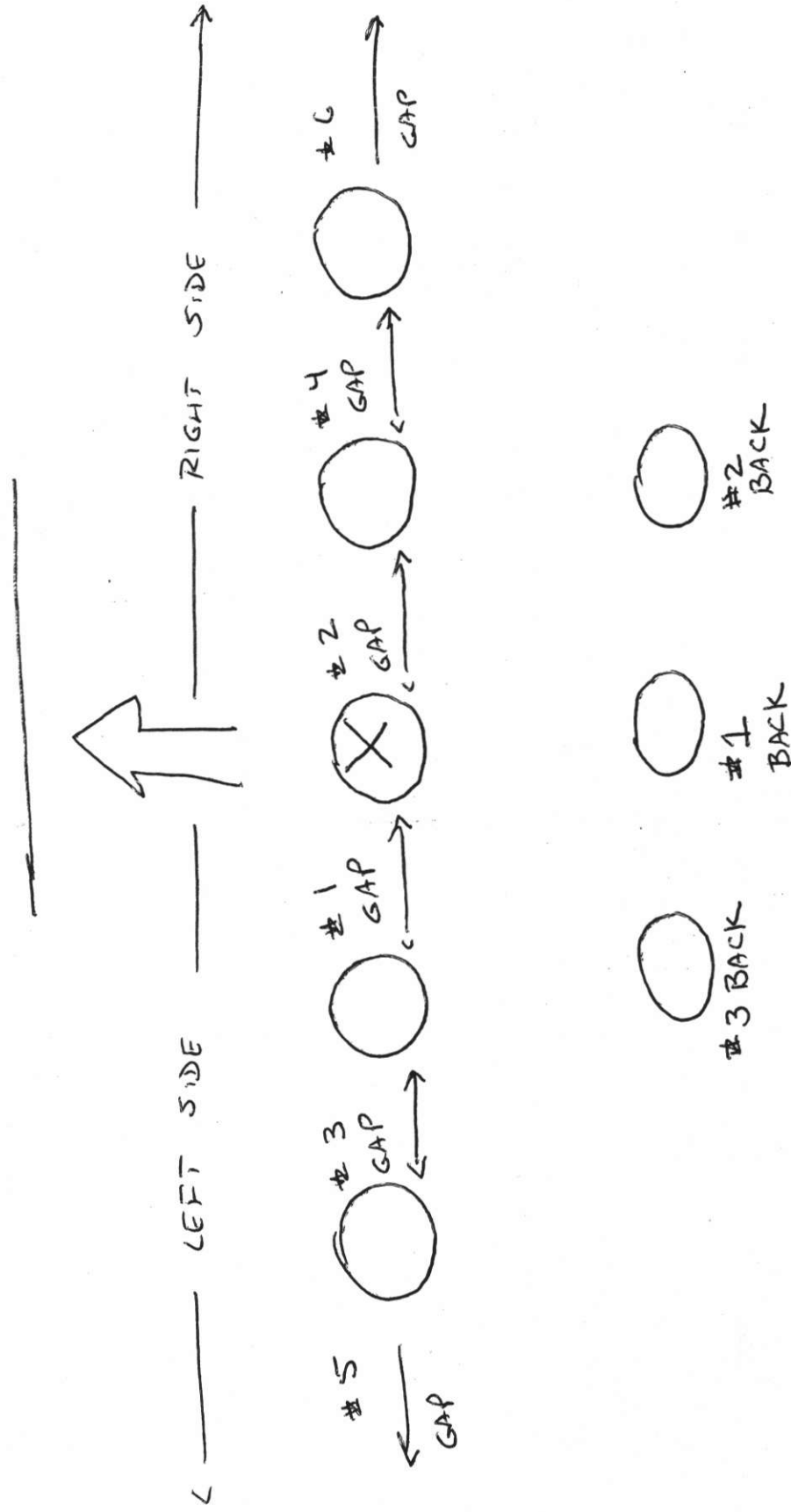


ILLUSTRATION:

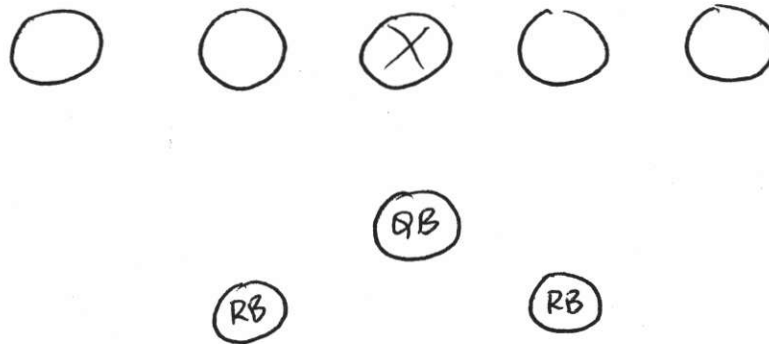
A PLAY CALLED "16" SWEEP IS THE QUARTERBACK (#1 BACK) RUNNING WIDE RIGHT (~~#6~~ GAP)

A PLAY CALLED "24" BLAST IS THE RIGHT SIDE RUNNING BACK (#2 BACK) RUNNING THROUGH THE #4 gap ON THE RIGHT

BASIC FORMATIONS

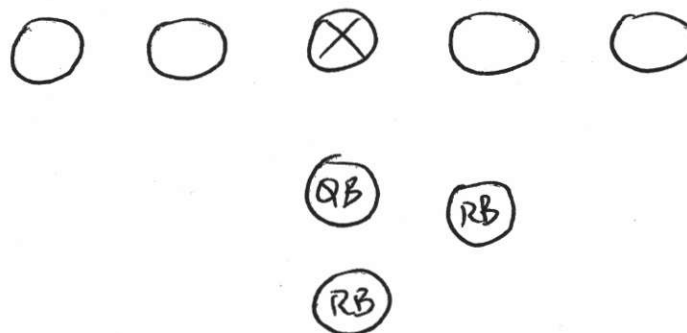
OFFENSE

Split Backs

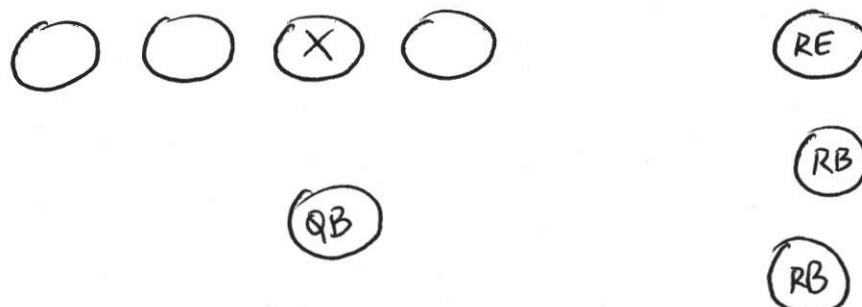


Power "I" Formation

Example shown is power right

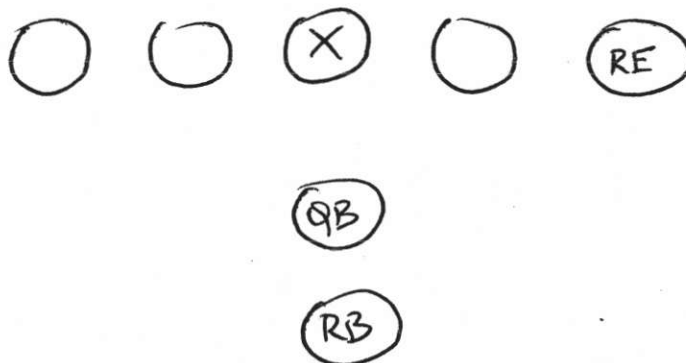


"Trips" Right



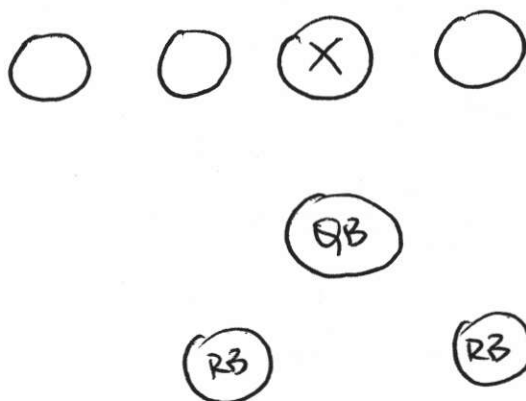
BASIC FORMATIONS, OFFENSE (cont)

Wing Right (or left)



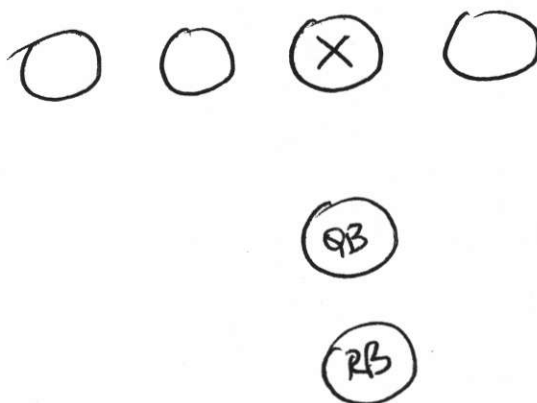
RB
Running back
outside of
tight end

Split Right (or left)



RE
end lines
up wide out

Split Right, Slot Right



RE
end is
wide —
Running
back in the
gap (the slot)

RUNNING PLAYS

Split Right, Slot Right, "I" Back - Pitch Right
Split Left, Slot Left, "I" Back - Pitch Left

Split Right, Slot Right, "I" Back - Fake Pitch Right
Right Guard Pulls Left, QB Sweep Left

Split Left, Slot Left, "I" Back - Fake Pitch Left
Left Guard Pulls Right, QB Sweep Right

Wing Right, "I" Back, Right Guard Pulls - Option Pitch Right
Wing Left, "I" Back, Left Guard Pulls - Option Pitch Left

Flex (wide spacing on the line), Wings Right and Left,
Motion from Right, QB Blast

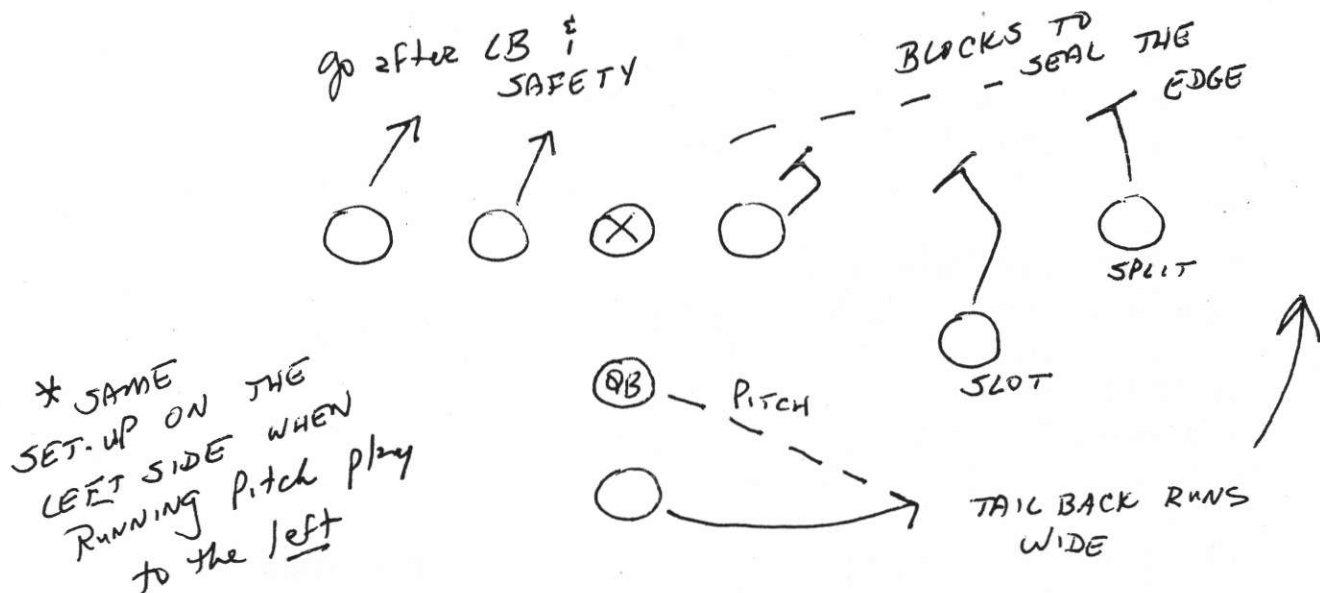
Flex (wide spacing on the line), Wings Right and Left,
Motion from Left, QB Blast

Split Right, Slot Right, Back Right, Fake Blast,
Right Guard Pulls, QB Sweep Right

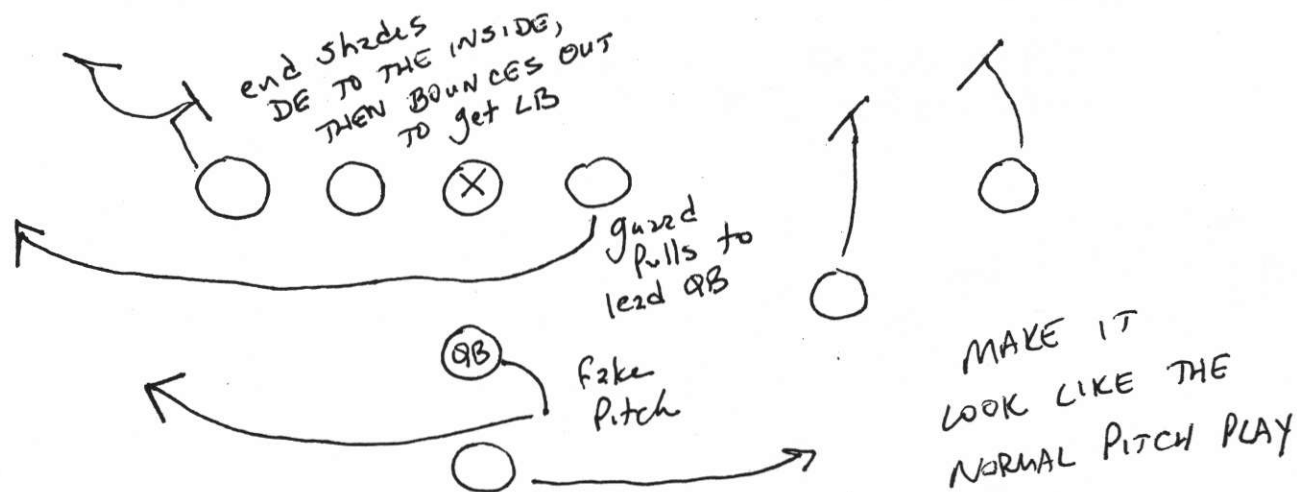
Split Left, Slot Left, Back Left, Fake Blast,
Right Guard Pulls, QB Sweep Right

*Split Right, Slot Right, I-back
Slot motion Left,
QB fake; Pitch Right*

- SPLIT RIGHT, SLOT RIGHT, I-BACK
PITCH RIGHT

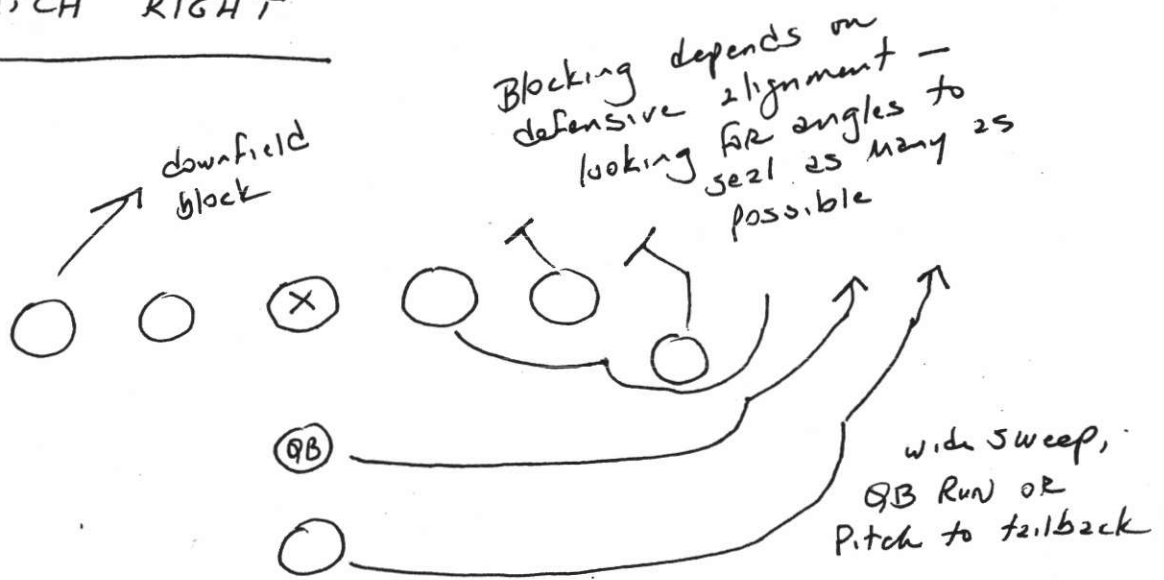


- SPLIT RIGHT, SLOT RIGHT, I-BACK
FAKE PITCH RIGHT, RIGHT GUARD PULLS LEFT, QB Sweep LEFT



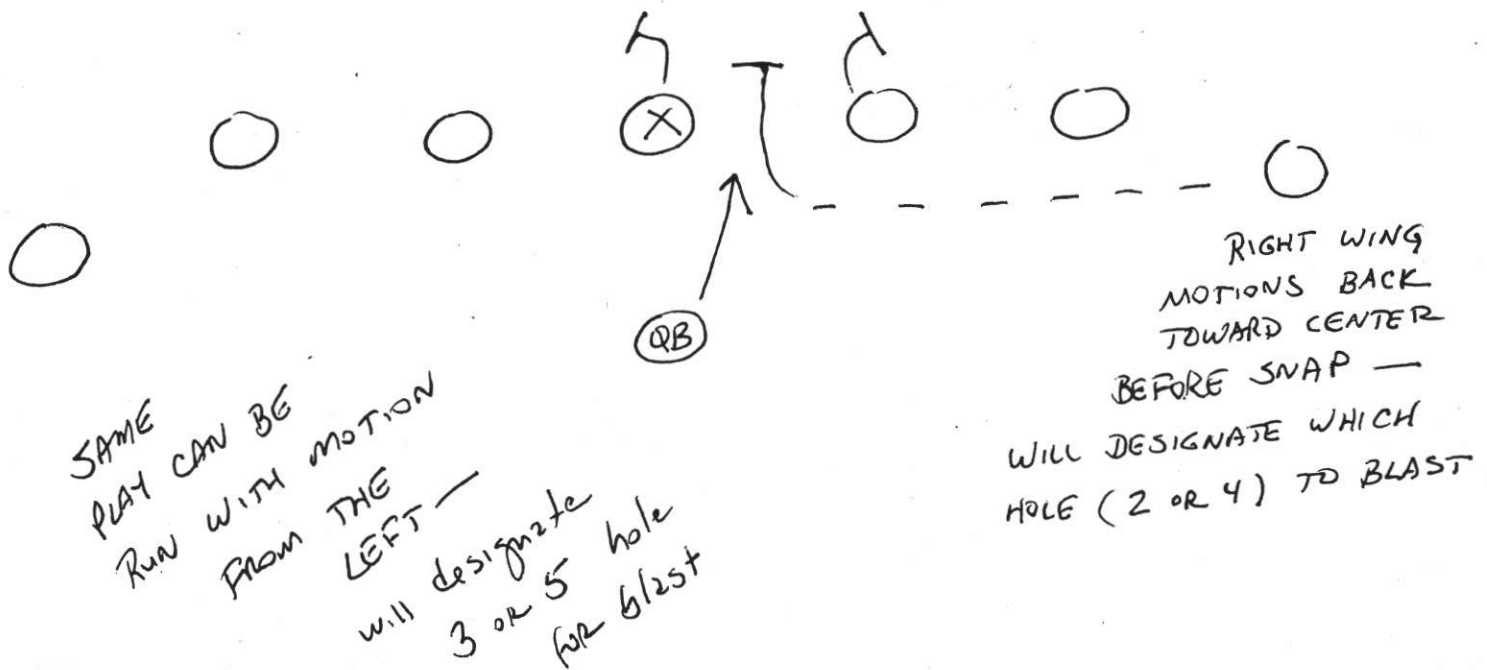
* same set up to opposite side and left guard pulls for fake pitch left

WING RIGHT, I. BACK,
OPTION PITCH RIGHT

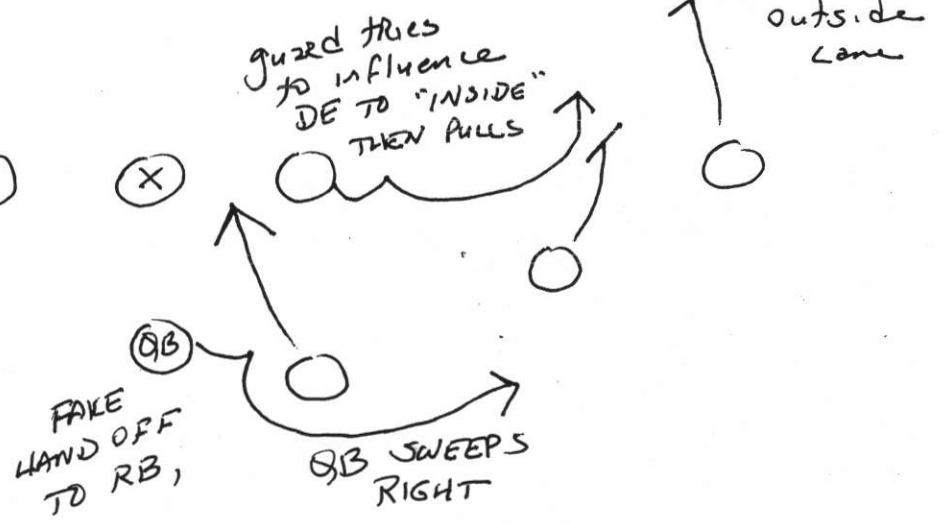


FLEX, WINGS RIGHT AND LEFT,
MOTION FROM RIGHT, QB BLAST

"Flex" means
wide splits on the line



SPLIT RIGHT, SCOT RIGHT, BACK RIGHT
FAKE BLAST, QB SWEEP RIGHT

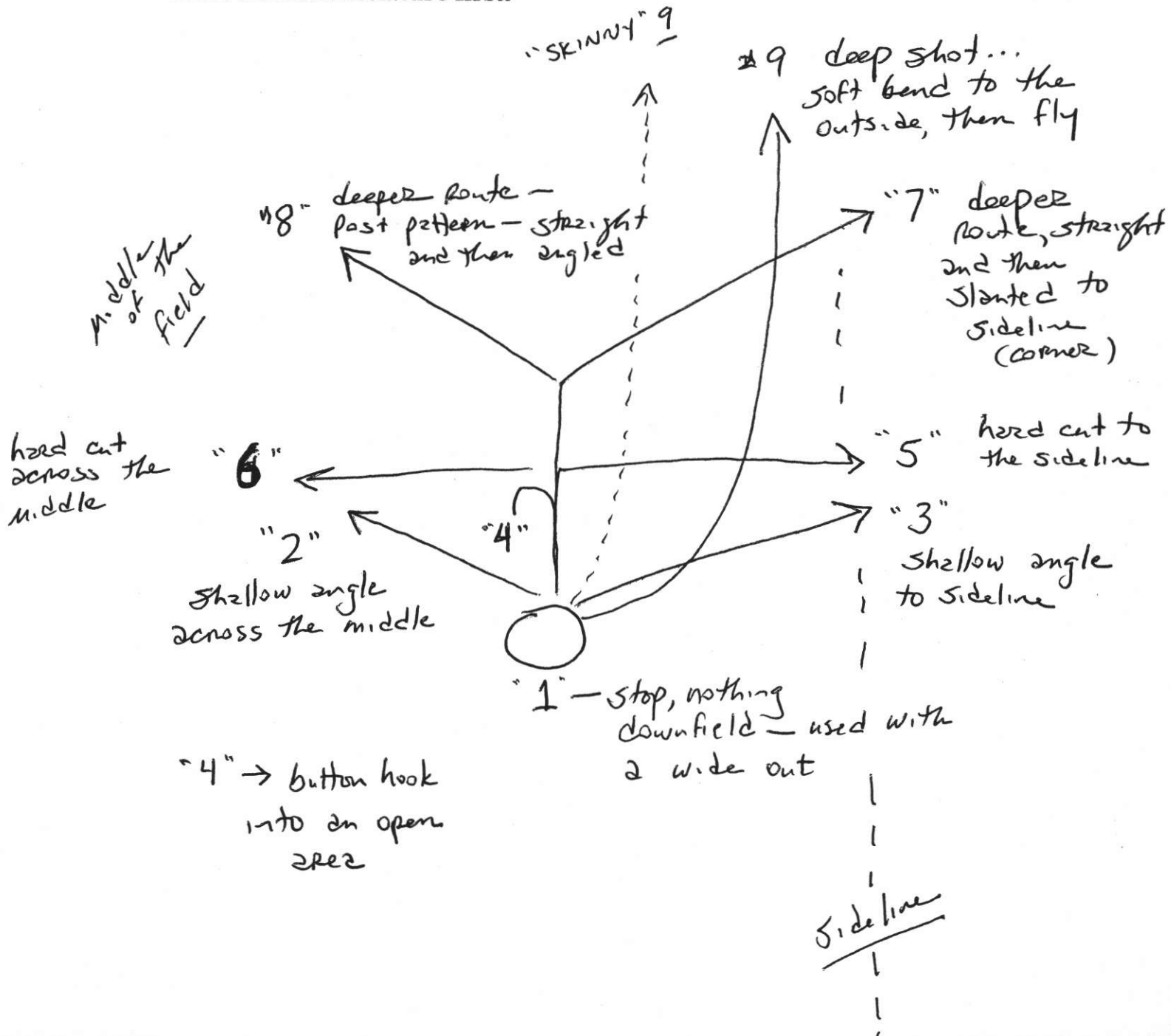


PASS ROUTES

Numbering scheme for pass routes - referred to as a passing "tree"
QB's and receivers need to know this so we can improvise during the game

- ➔ Even numbered routes are run towards the middle of the field.
- ➔ Odd numbered routes are run towards the sidelines.

There are other names for specific routes, and we'll work on those, but learn this nomenclature first.



Some Pass Route Illustrations

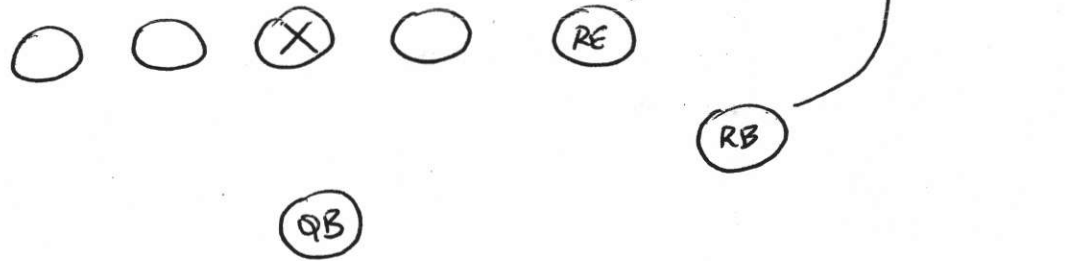
Formation → Wing Right

Right end runs a "3"

Wingback runs a "9"

slant to sideline

and up the sideline

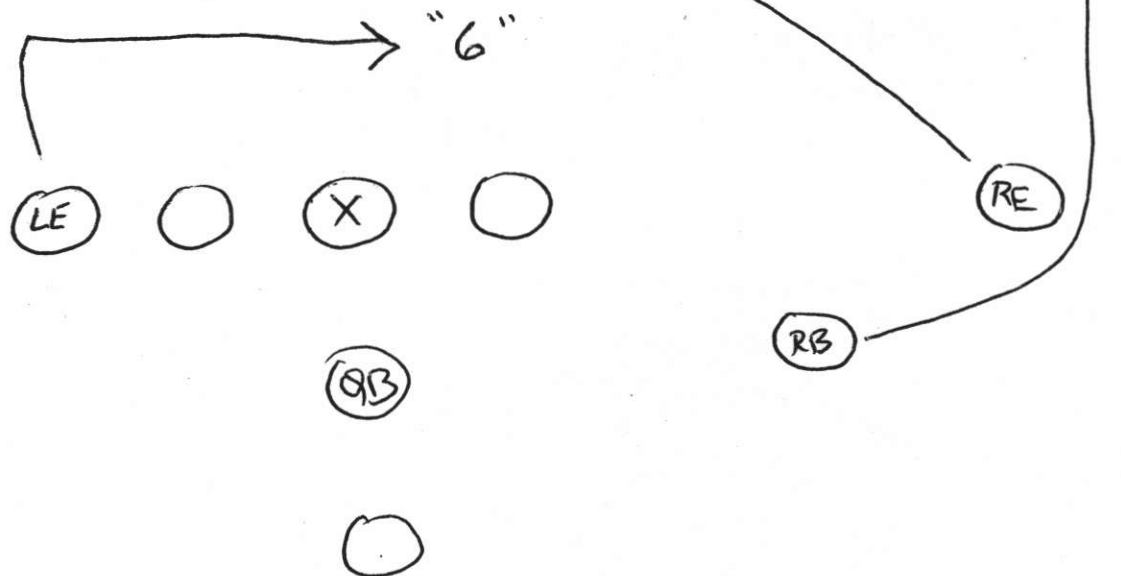


Formation: split right, slot right

RE runs a (deep) "2"
- slant across the middle

slot back runs a "9"

Left end runs a "6" — hard cut
across the middle



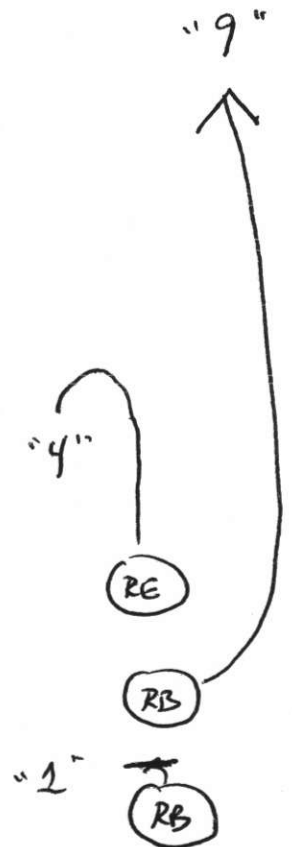
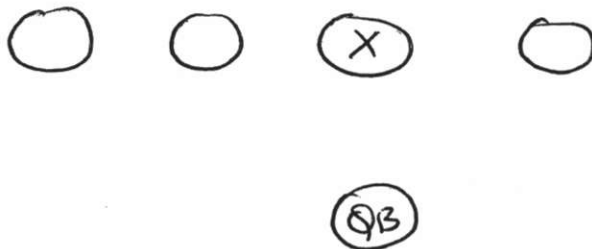
Pass Route Illustrations (cont)

Formation - TRIPS RIGHT

Right end runs 2 "4" - hook into open space

RB* runs 2 "9"

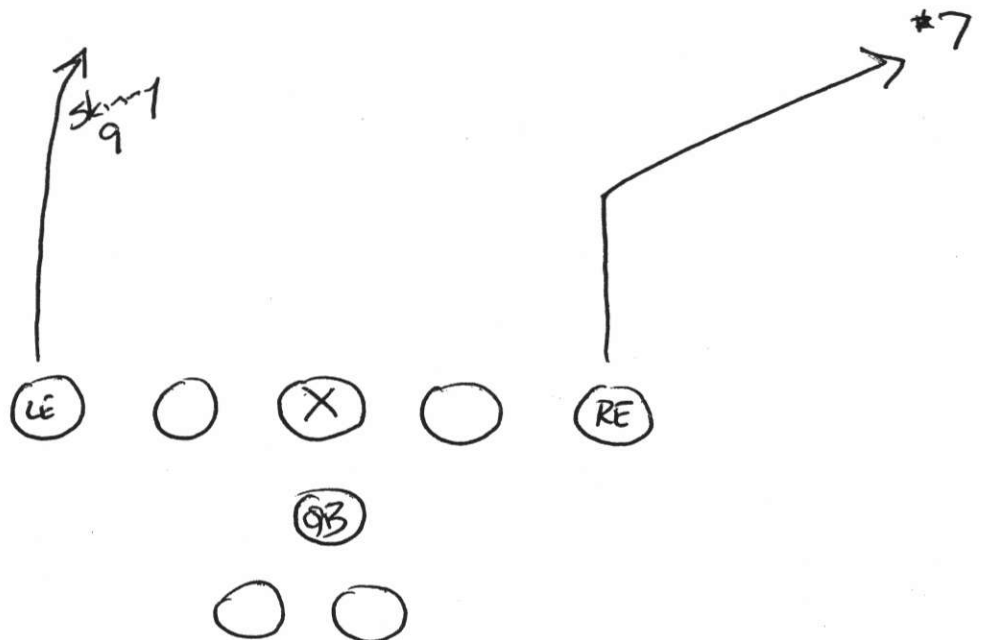
RB runs 2 "1" → basically plants and turns to receive the pass



Formation - split backs

Right end runs 2 "7"

Left end runs 2 "SKINNY 9"



PASS PLAYS

Split Right, Slot Right, Back Right - RE 2, Slot 9 (slant and slot fly)
Split Left, Slot Left, Back Left - LE 2, Slot 9 (slant and slot fly)

Split Right, Slot Right - RE 2 (deep), Slot 2, LE 6
(2 slants, weak side cross)

Split Left, Slot Left - LE 2 (deep), Slot 2, RE 6
(2 slants, weak side cross)

Trips Right - 4-9-1 (possible audible for LE route)
Trips Left - 4-9-1 (possible audible for RE route)

*deep
them?*
Split Right, Slot Right, "I" Back - Pitch Right Option Pass
RE 5, LE 8

Split Left, Slot Left, "I" Back - Pitch Left Option Pass
LE 5, RE 8

Split Right, Slot Right - Flare Left,
Right Guard Pulls Left, Slot 7, RE 4

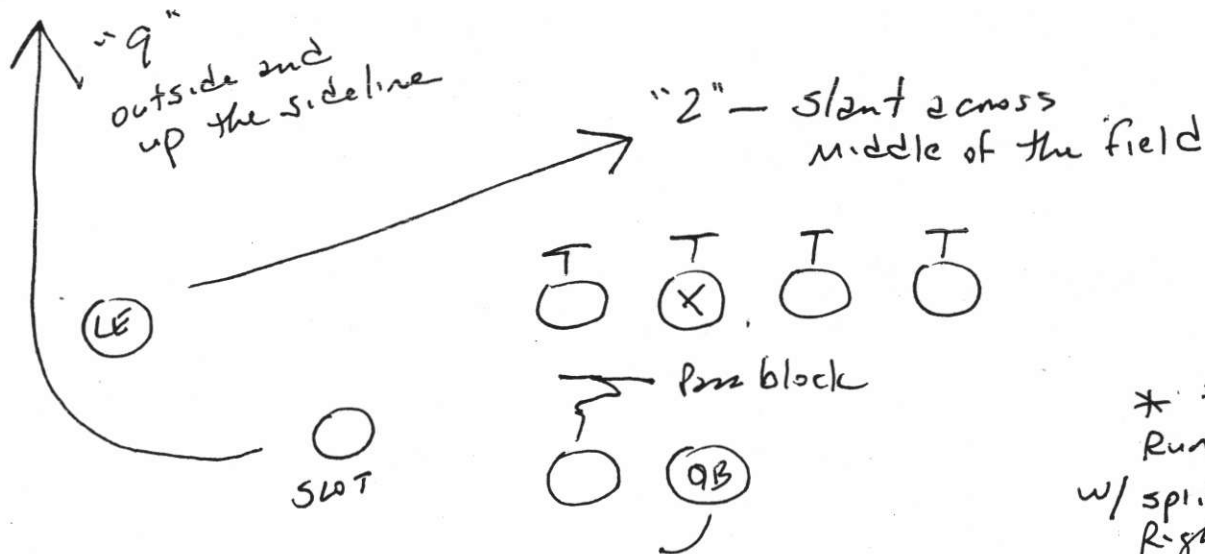
Split Left, Slot Left - Flare Right,
Left Guard Pulls Right, Slot 7, RE 4

*Replay w/
Power I
Right lead cross
slant & flare*

Flex (wide splits in the line), Wings Right and Left,
Motion from Right, QB Fake Blast, Wing Left 7 or skinny 9 (Coach Call)

Flex (wide splits in the line), Wings Right and Left,
Motion from Left, QB Fake Blast, Wing Right 7 or skinny 9 (Coach Call)

SPLIT LEFT, SLOT LEFT, BACK LEFT
 LE 2, SLOT 9 (slant & slot fly)

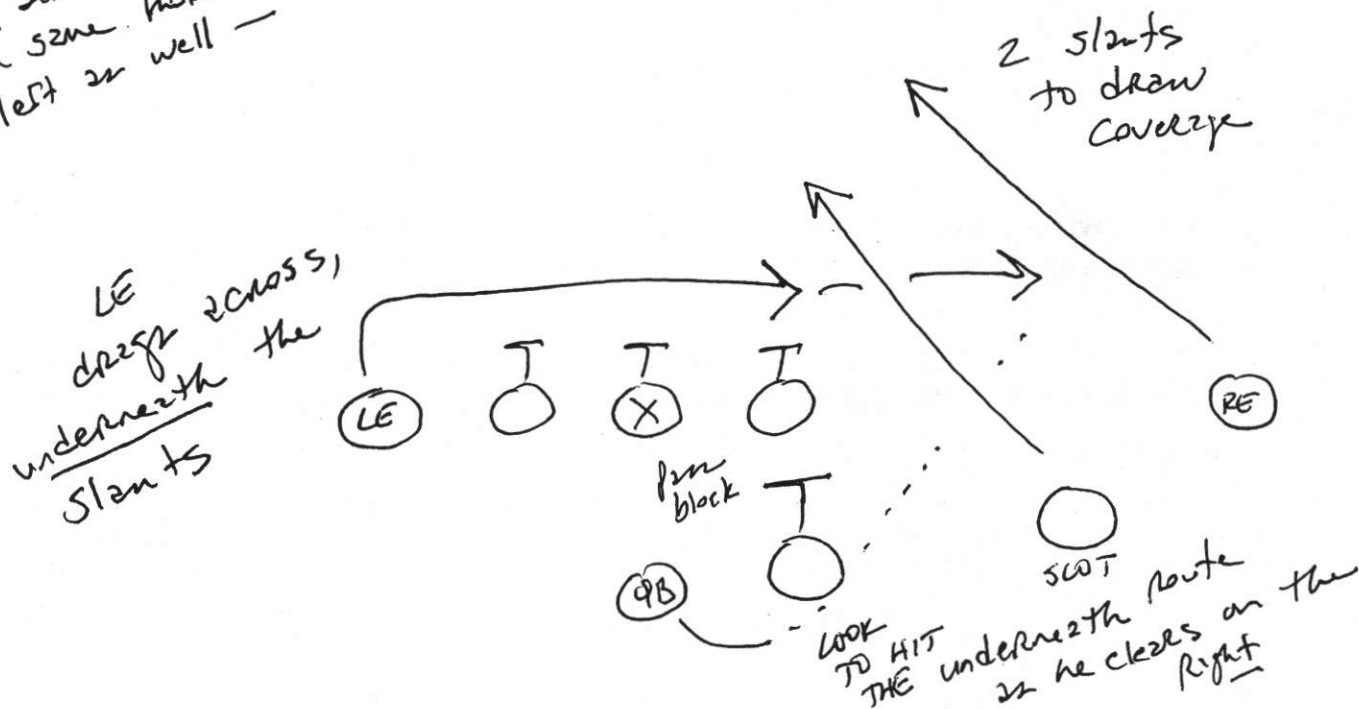


* same play
 Run to the Right
 w/ split Right, slot
 Right, back Right

SPLIT RIGHT, SLOT RIGHT, BACK RIGHT

RE - deep 2, slot 2, LE 6 (2 slants, weakside cross)

* play sets up
 the same from the
 left as well -



TRIPS RIGHT - 4 9 1

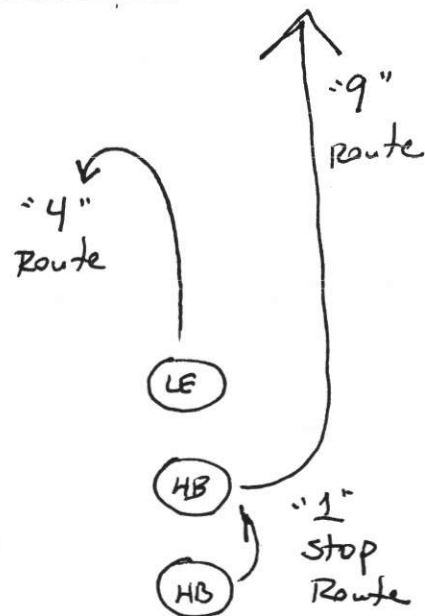
(possible audible for LE Route as well)

* Same alignment on the left w/ TRIPS LEFT

IF we HAVE A good match-up on the left - coach

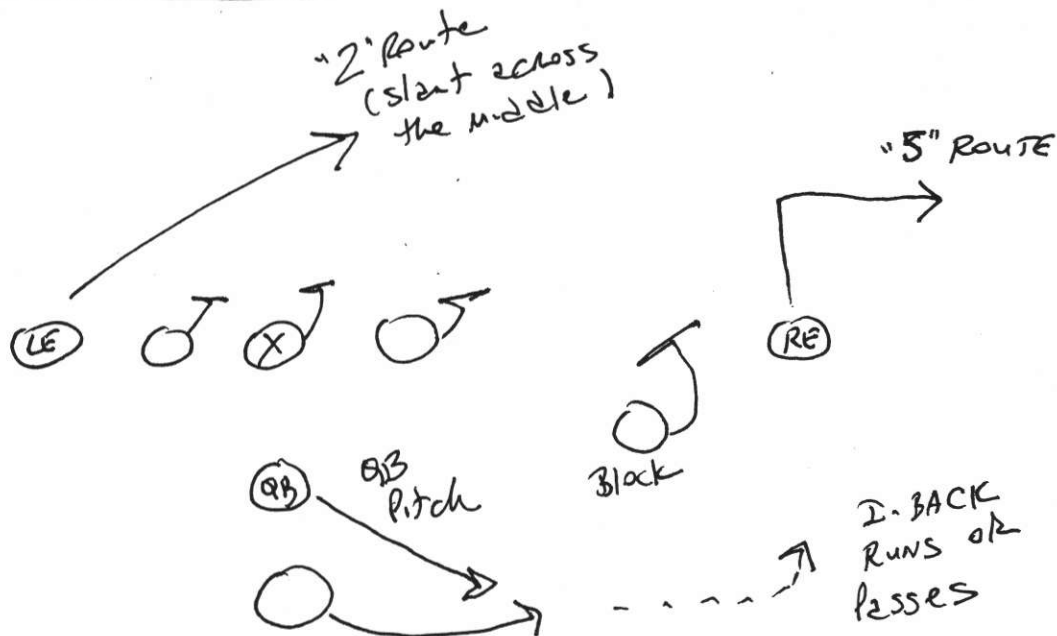
may audible 2 primary route to the LE - likely 2 "7" or skinny 9

need coverage and throw

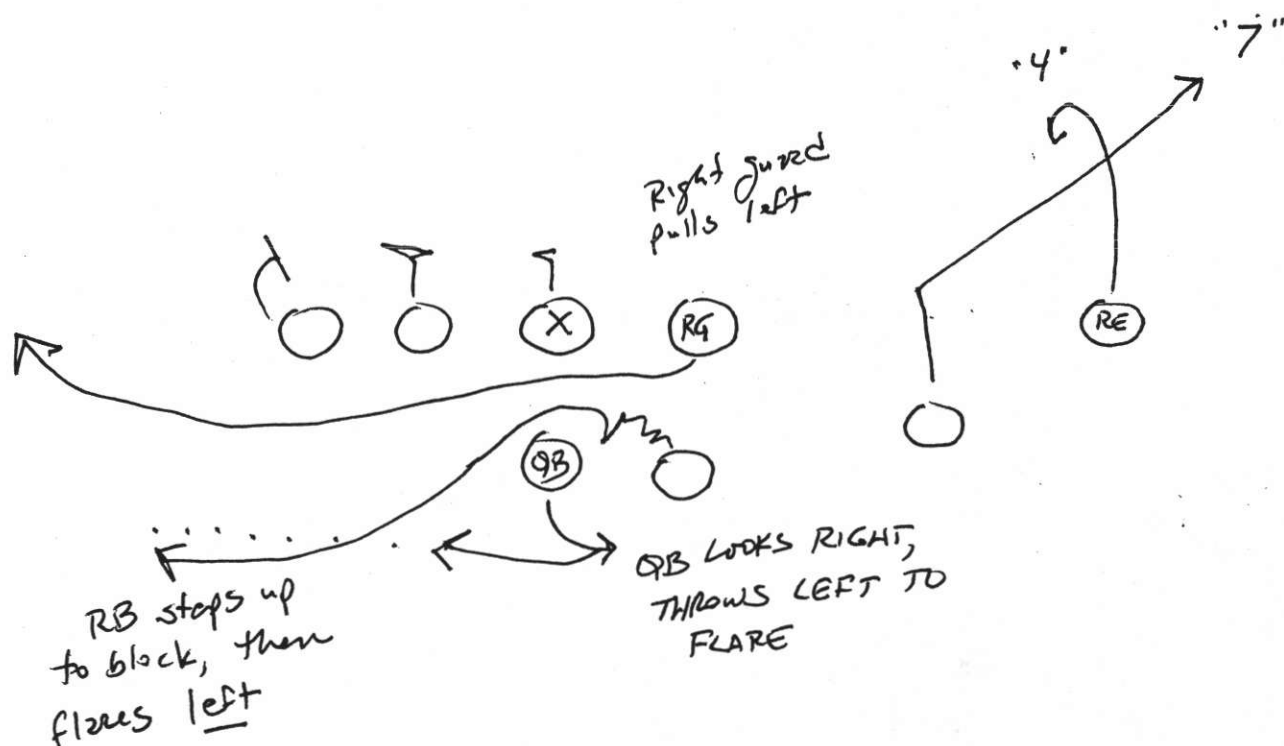


SPLIT RIGHT, SLOT RIGHT, "I BACK
Pitch Option Pass, RE 5, LE 2

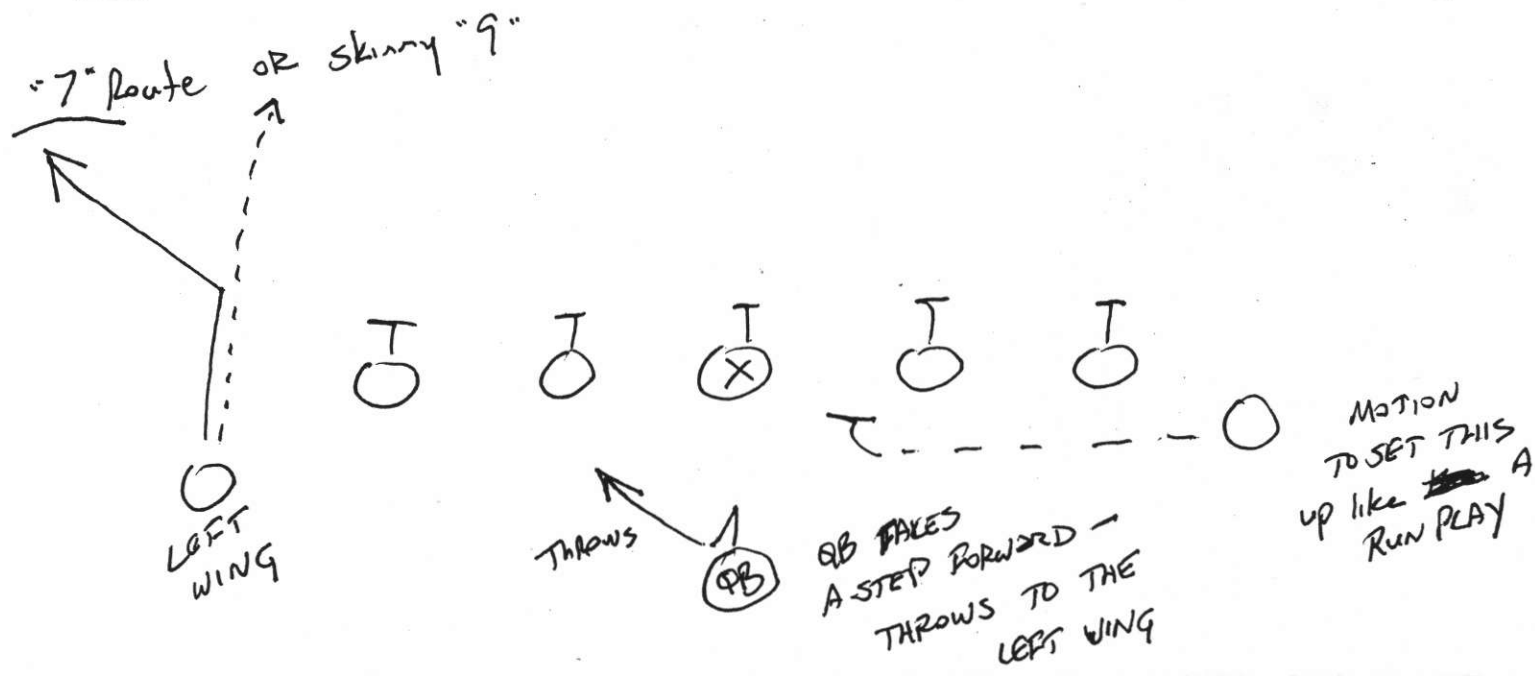
Similar option pass can be run to the left side that would be pitch left, LE 5, RE 2



SPLIT RIGHT, SLOT RIGHT, BACK RIGHT
 FLARE LEFT - Right Guard pulls left, RE 4, Slot 7



PLEX, WINGS RIGHT AND LEFT, MOTION FROM RIGHT
 QB FAKE BLAST, LEFT WING: 7" OR SKINNY 9 (Coach call)

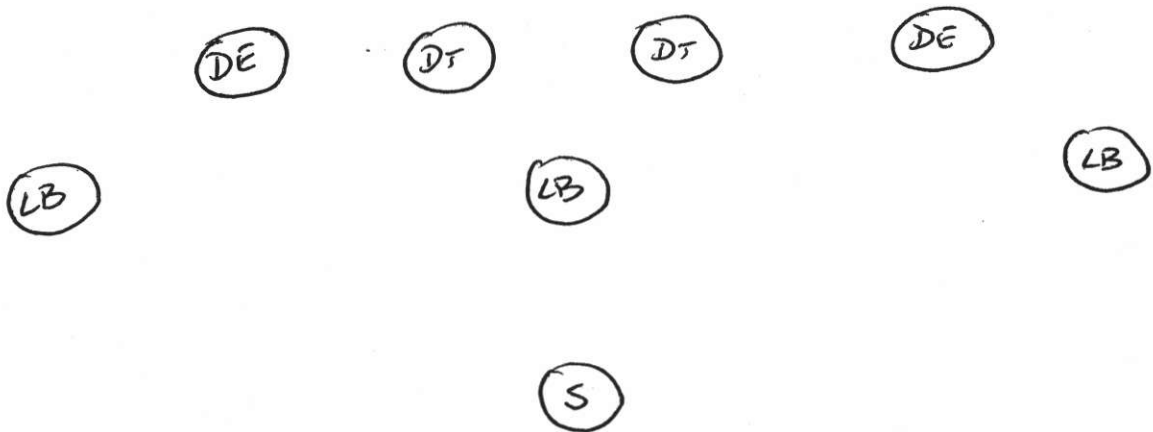


BASIC FORMATIONS

DEFENSE

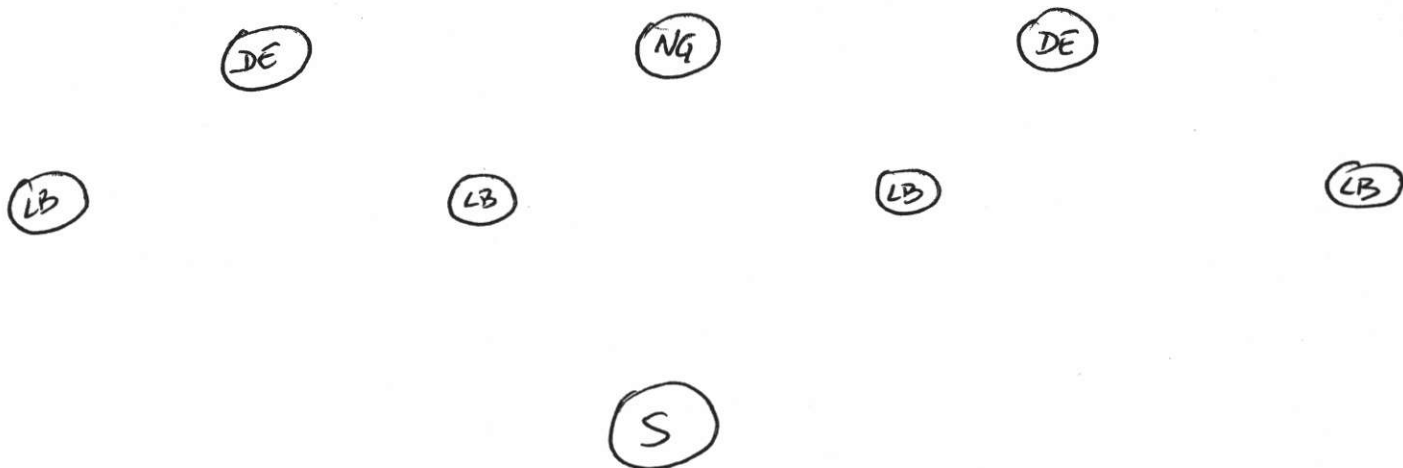
4 - 3 - 1

4 defensive linemen, 3 linebackers, 1 safety



3 - 4 - 1

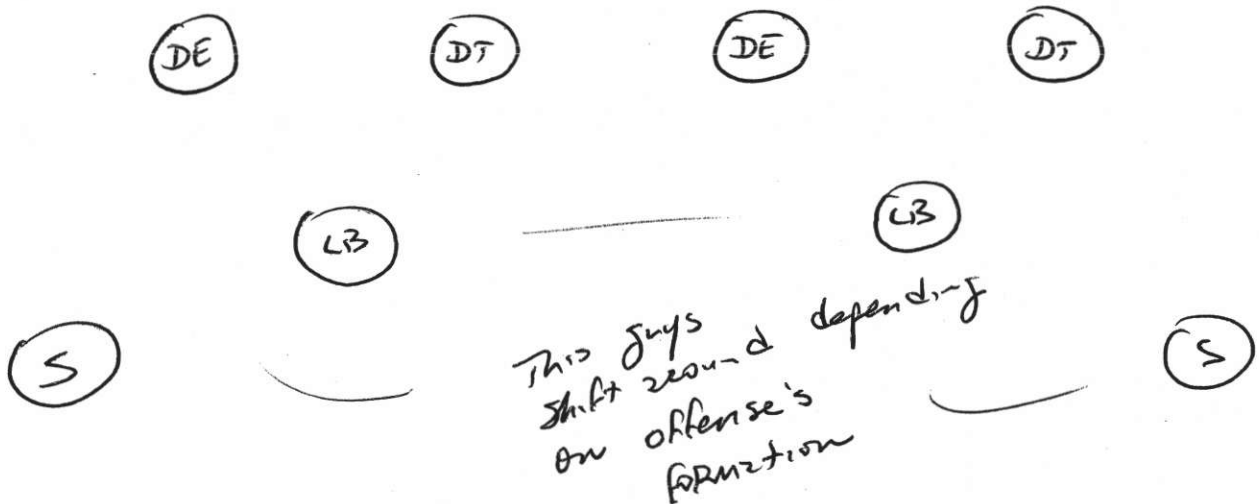
3 defensive linemen, 4 linebackers, 1 safety



BASIC FORMATIONS, DEFENSE (cont)

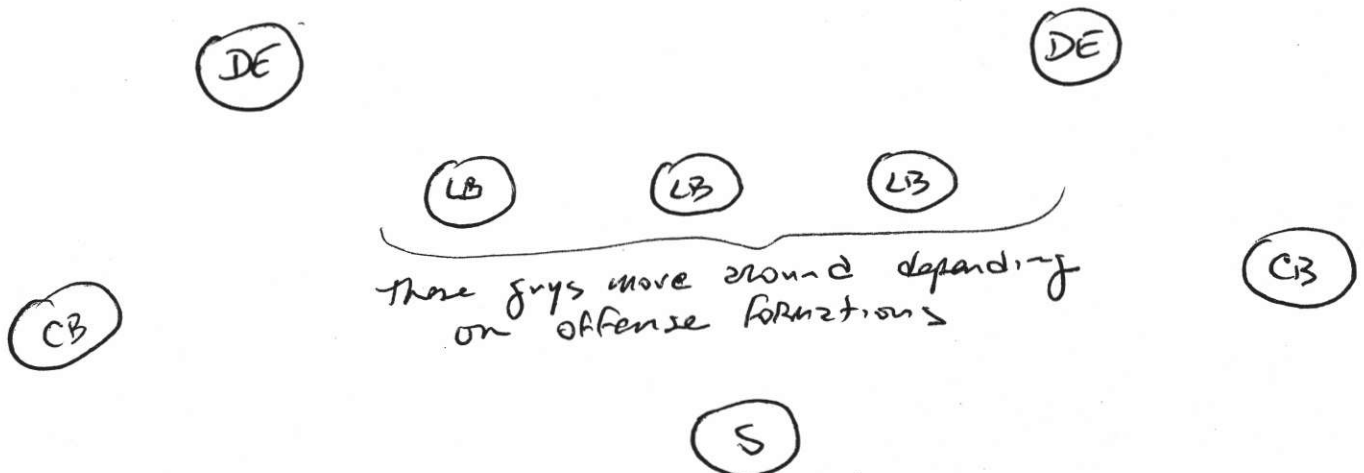
4 - 2 - 2

4 defensive linemen, 2 linebackers, 2 safeties



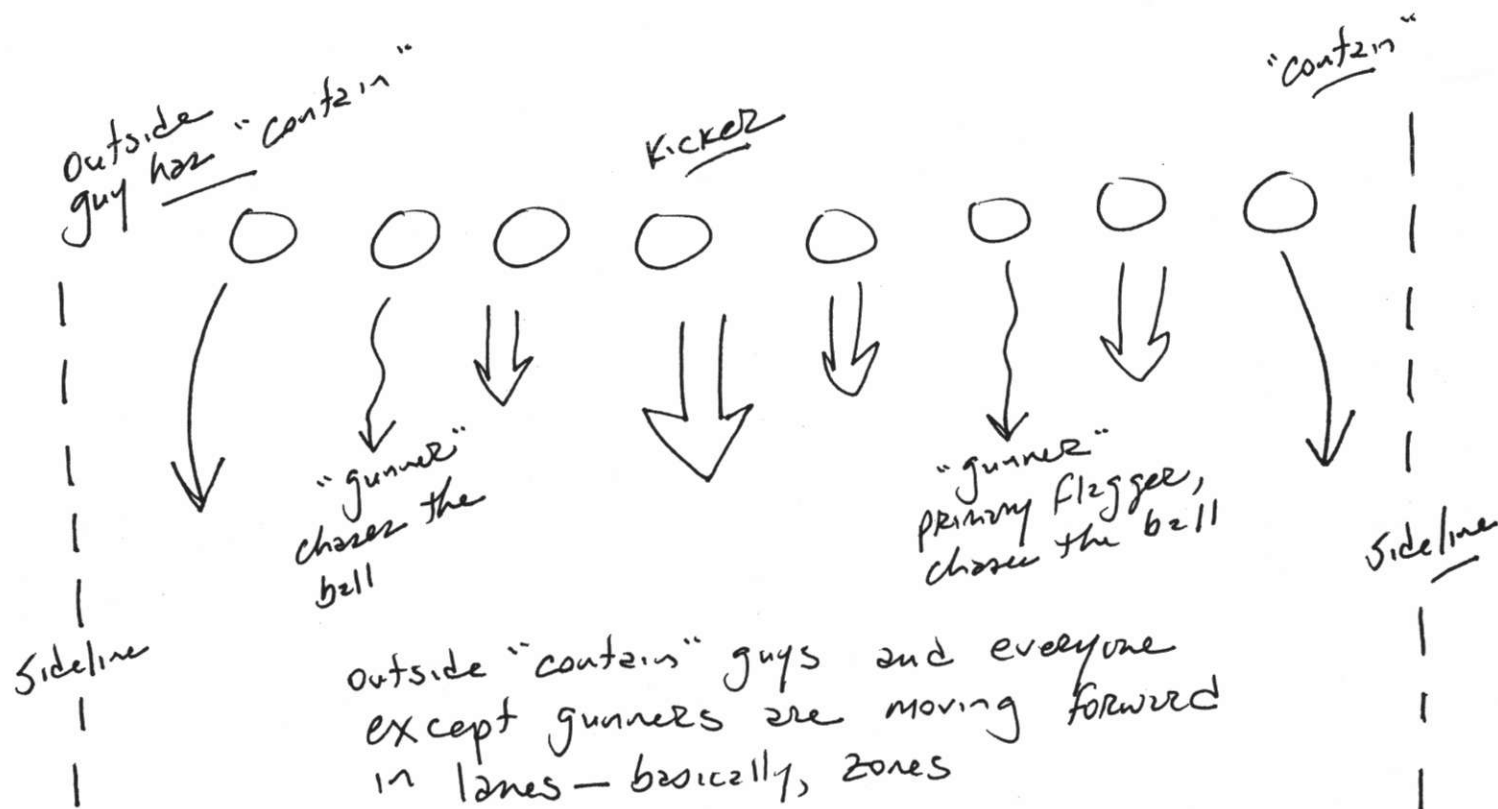
2 - 3 - 2 - 1 (~~the freak~~)

2 defensive ends, 3 inside linebackers, 2 cornerbacks, 1 safety

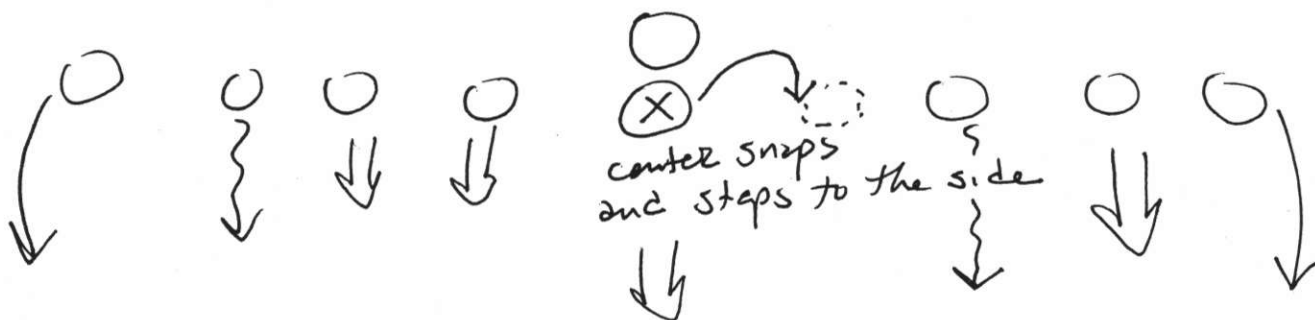


KICK FORMATION (S)

KICK-off



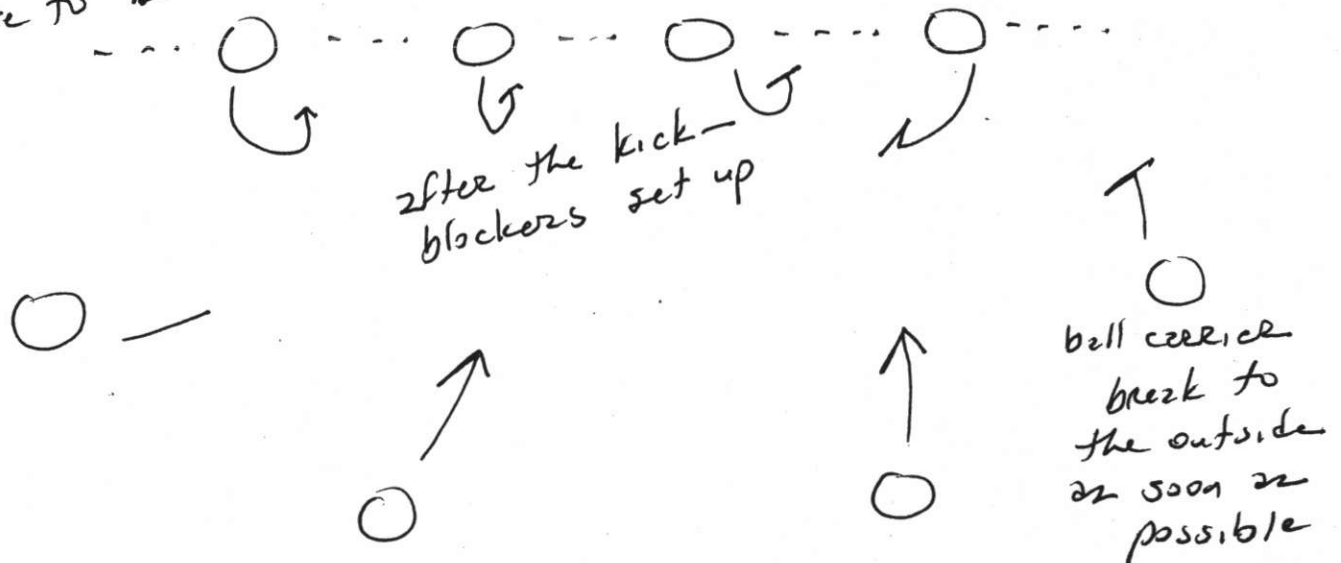
Punts — same as above ... center does have to snap the ball ... defense cannot RUSH



Kick Returns (Receive Team)

• ON KICK OFF'S

four players (front line)
have to be 10 yds from the ball



ON PUNTS — similar to above, except the first four players are on the line of scrimmage ... no rush, but can block a low kick from defense side of the ball —